

.... We know that now, more than ever, our emotional and mental well-being is being challenged by fears over Covid- 19, the economy and much more!

## Have you lost HOPE?

- Emotional Difficulties
- Relationship Issues
- Drug/ Alcohol Addiction
- Anger/ Rage Issues
- Life Transition Problems
- Stress/ Anxiety
- Depression
- Grief/ Loss Issues
- Gambling Problems
- Other Addictions

## WE ARE HERE TO HELP

### Your Mental Health is IMPORTANT

Now, more than ever, our emotional well-being is being challenged by a multitude of stressors. Taking care of you and your family starts with a simple call.

### Help is on the WAY

Our Members Assistance Specialists are available to help the process of aligning you with a provider that specifically meets your needs and the needs of your family.

### Call your MAP

Call our office and speak with a Members Assistance Specialist. We provide eligible members and their families assistance with behavioral healthcare services.



For personal & confidential assistance contact our office.  
We are here to assist you!  
Monday - Friday  
9 a.m. to 5 p.m.

 **CALL NOW**

IN THE PHILADELPHIA AREA **1.215.425.8140**

TOLL FREE **1.800.298.2299**

